

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

Pancake on a Stick **1**  
 OR  
 Cereal Bar w/ Yogurt  
 Fruit / Fruit Juice  
 Milk Choice

Dutch Waffle **2**  
 OR  
 Cereal Bar w/ Yogurt  
 Fruit / Fruit Juice  
 Milk Choice

Oatmeal Breakfast Square **3**  
 OR  
 Cereal Bar w/ Yogurt  
 Fruit / Fruit Juice  
 Milk Choice

Donut **4**  
 OR  
 Cereal Bar w/ Yogurt  
 Fruit / Fruit Juice  
 Milk Choice

Muffin **7**  
 OR  
 Cereal Bar w/ Yogurt  
 Fruit / Fruit Juice  
 Milk Choice

Breakfast Bars **8**  
 OR  
 Cereal Bar w/ Yogurt  
 Fruit / Fruit Juice  
 Milk Choice

Mini Pancakes **9**  
 OR  
 Cereal Bar w/ Yogurt  
 Fruit / Fruit Juice  
 Milk Choice

Sausage, Egg & Cheese Breakfast wrap **10**  
 OR  
 Cereal Bar w/ Yogurt  
 Fruit / Fruit Juice  
 Milk Choice

Biscuit Stick w/ Sausage link **11**  
 OR  
 Cereal Bar w/ Yogurt  
 Fruit / Fruit Juice  
 Milk Choice

Frosted Pop tart & Yogurt **14**  
 Fruit / Fruit Juice  
 Milk Choice

Donut Bites **15**  
 OR  
 Cereal Bar w/ Yogurt  
 Fruit / Fruit Juice  
 Milk Choice

Sausage Biscuit **16**  
 OR  
 Cereal Bar w/ Yogurt  
 Fruit / Fruit Juice  
 Milk Choice

Breakfast Pizza **17**  
 OR  
 Cereal Bar w/ Yogurt  
 Fruit / Fruit Juice  
 Milk Choice

**Parent / Teacher Conferences** **18**

**Fall Break** **21**

Pancake & Sausage Sandwich **22**  
 OR  
 Cereal Bar w/ Yogurt  
 Fruit / Fruit Juice  
 Milk Choice

Honey Bun **23**  
 OR  
 Cereal Bar w/ Yogurt  
 Fruit / Fruit Juice  
 Milk Choice

French Toast Sticks **24**  
 OR  
 Cereal Bar w/ Yogurt  
 Fruit / Fruit Juice  
 Milk Choice

Blueberry Crumb Cake **25**  
 OR  
 Cereal Bar w/ Yogurt  
 Fruit / Fruit Juice  
 Milk Choice

Cereal Bar & Yogurt **28**  
 Fruit / Fruit Juice  
 Milk Choice

Sausage, Egg & Cheese Breakfast wrap **29**  
 OR  
 Cereal Bar w/ Yogurt  
 Fruit / Fruit Juice  
 Milk Choice

Dutch Waffle **30**  
 OR  
 Cereal Bar w/ Yogurt  
 Fruit / Fruit Juice  
 Milk Choice

Oatmeal Breakfast Square **31**  
 OR  
 Cereal Bar w/ Yogurt  
 Fruit / Fruit Juice  
 Milk Choice

**NOTE: MENUS ARE SUBJECT TO CHANGE**

Notification Statement: Peanuts and Peanut Products are not purchased for meals produced by the Central Community School System Child Nutrition Program; however, some products served may contain nuts and some products may be produced in plants that use nuts and may contain traces of nuts.