

Central Community School System
January 2018
CIS Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

1

Happy Holidays

2

Happy Holidays

3

Happy Holidays

4

Happy Holidays

5

Happy Holidays

8

Hot Dog on Bun w/ Chili
Sweet Potato Fries
Baked Beans
Ketchup/Mustard
Graham Cracker
Fruit Apple
Milk Choice

9

Salad **OR**
Chicken / Sausage Jambalaya
Steamed Broccoli
Tossed Salad w/ Dressing
Whole Grain Roll
Apple / Peach / Cherry Crisp
Fresh Fruit
Milk Choice

10

Beef Tacos
Taco Salad Cup
Beans, Refried
Chilled Sliced Peaches
Rice Crispy Treat
Milk Choice

11

Pepperoni Pizza
Steamed Corn
Dark Green Salad w/ Dressing
Chilled Pear Halves
Milk Choice

12

Sloppy Joe
Tater Tots
Carrots w/ Ranch
Ketchup
Baked Cookie
Fruit Cocktail
Milk Choice

15

MLK Holiday

16

Salad **OR**
Fish Strips (Crunchy Cornmeal)
Mashed Potatoes
Steamed Broccoli
Ketchup
Chilled Peaches
Milk Choice

17

Baked Chicken
Sweet Potatoes
Seasoned Green Peas
Homemade W.W. Roll
Chilled Fruit
Milk Choice

18

Pepperoni Pizza
Steamed Corn
Dark Green Salad w/ Dressing
Chilled Pear Halves
Milk Choice

19

Cheese Burger on W.W. Bun
Lettuce, Tomato, Pickle Cup
Sweet Potato Fries
Baked Beans
Ketchup / Mayo / Mustard
Baked Cookie
Mixed Fruit
Milk Choice

22

Chicken Nuggets
Macaroni & Cheese
Baked Beans
Steamed Carrots
Fresh Orange Wedge
Milk Choice

23

Salad **OR**
Salisbury steak
Mashed Potatoes w/ Gravy
Green Beans
Jell-O
Whole Grain Roll
Fruit Cocktail
Milk Choice

24

Cajun Chicken Pasta
Steamed Broccoli
Tossed Salad w/ Dressing
Fresh Banana
Milk Choice

25

Pepperoni Pizza
Steamed Corn
Dark Green Salad w/ Dressing
Chilled Pear Halves
Milk Choice

26

BBQ Burger on W. W. Bun
Lettuce, Tomato, Pickle Cup
Carrot Sticks w/ Ranch
Mayo / Mustard
Baked Cookie
Fruit Choice
Milk Choice

29

Hot Dog on Bun w/ Chili
French Fries
Baked Beans
Ketchup/Mustard
Graham Cracker
Fresh Apple
Milk Choice

30

Salad **OR**
Red Beans w/ Sausage
Steamed Rice
Seasoned Mustard Greens
Steamed Carrots
Fresh Orange Wedges
Milk Choice

31

Beef Tacos
Taco Salad Cup
Beans, Refried
Chilled Sliced Peaches
Rice Crispy Treat
Milk Choice

NOTE: MENUS ARE SUBJECT TO CHANGE

Notification Statement: Peanuts and Peanut Products are not purchased for meals produced by the Central Community School System, however, some products served may contain nuts and some products may be produced in plants that use nuts and may contain traces of nuts.



PAY FOR MEALS ONLINE
MySchoolBucks.com